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Cytotoxic Effects of Bulk-Fill Composites on L929 Fibroblast Cells

Efeitos citotóxicos dos compósitos bulk-fill em células de fibroblastos L929

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ABSTRACT

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Objective: Unlike traditional composite resins, bulk-fill composite resins could be polymerized as thicker layers. This study aims to contribute to the field by investigating the cytotoxic effects of various bulk-fill composite resins on L929 mouse fibroblast cells in vitro. Material and Methods: In our study, six bulk fill and one conventional composite resin were used. Composite resin samples (8×4 mm) were prepared in a sterile cabinet by using a glass mod and polymerizing with a led light device (DTE LUX E, Germany). Composite samples (n:3) of which surface area was calculated according to ISO 10993-12: 2012 standards (3 cm^2/ml), were kept in media for 24 h and 72 h in 37 °C incubator, their extracts were filtered in 1:1 and 1:2 proportion and were added on L929 mouse fibroblast cells. Cell viability was examined by the MTT assay and cell death by the LDH test. Cell viability results were evaluated using one-way analysis of variance (ANOVA) test (p<0.05). Results: When the 1:1 extracts from 4 mm thick bulk-fill composite samples were applied on L929 mouse fibroblast cells, cell viability rates showed significant differences compared to the control group at the end of 24 h and 72 h (except for Estelite Bulk Fill Flow). Although the extracts of the tested composite samples at 1:1 and 1:2 ratio at the end of 72 hours caused a decrease in L929 mouse fibroblast cell viability, the cell viability rate of only PRG-containing bulk fill composite and conventional composite remained below the cell viability ratio (70%) specified in ISO standards. Bulk fill composites did not produce toxic effects (except Beautifil Bulk Restorative) according to the LDH test. Conclusions: Despite decreasing in general the cell viability, bulk-fill

RESUMO

Objetivo: Ao contrário das resinas compostas tradicionais, as resinas compostas bulk-fill podem ser polimerizadas como camadas mais espessas. Este estudo visa investigar in vitro os efeitos citotóxicos de várias resinas compostas bulk-fill em células de fibroblastos de camundongo L929. Material e Métodos: Em nosso estudo, seis resinas tipo bulk fill e uma resina composta convencional foram usadas. Amostras de resina composta (8 \times 4 mm) foram preparadas em gabinete estéril usando um molde de vidro e polimerizado com um dispositivo de luz LED (DTE LUX E, Alemanha). Amostras compostas (n=3) cuja área de superfície foi calculada de acordo com os padrões ISO 10993-12:2012 (3cm²/ml), foram mantidas em meio e incubadas por 24 h e 72 h a 37 °C, seus extratos foram filtrados na Proporção de 1:1 e 1:2 e foram acondicionados em cultura de células de fibroblastos de camundongo L929. A viabilidade celular foi examinada pelo ensaio MTT e a morte celular pelo teste LDH. Os resultados de viabilidade celular foram avaliados usando o teste de análise de variância (ANOVA) um fator (p <0,05). Resultados: Quando os extratos foram plaqueados na proporção 1:1 de amostras de compósito bulk-fill de 4 mm de espessura com as células de fibroblastos de camundongo L929, as taxas de viabilidade celular mostraram diferenças significativas em comparação com o grupo controle no final de 24 h e 72 h (exceto para Estelite Bulk Fluxo de enchimento). Embora os extratos das amostras compostas testadas na proporção de 1:1 e 1:2 ao final de 72 horas tenham causado uma diminuição na viabilidade das células de fibroblastos de camundongo L929, a taxa de viabilidade celular apenas do compósito de preenchimento total contendo PRG e o compósito convencional permaneceram abaixo a taxa de viabilidade celular (70%) especificada nas normas ISO. Os compósitos de preenchimento a granel não produziram efeitos tóxicos (exceto Beautifil Bulk Restorative) de acordo com o teste de LDH. Conclusão: Apesar de diminuir em geral a viabilidade celular, as resinas compostas bulk-fill

composite resins used in 4 mm thick layers provided cell viability rates over the acceptability level, except PRG-containing bulk fill composite (Beautifil Bulk Restorative), which was cytotoxic to L929 mouse fibroblasts.

KEYWORDS

Bulk fill composite; Cytotoxicity; L929 cells; LDH assay.

INTRODUCTION

dvancements in restorative materials used in dentistry have enabled the use of composite resins in large cavities in posterior teeth [1]. The fact that composite resins are in tooth color makes these materials advantageous in an esthetic sense [2,3]. However, these materials have also disadvantages such as micro leakage and sensitivity occurring due to the polymerization shrinkage [4,5]. Also, as the polymerization depth of conventional composite resins is limited to 2 mm, they are recommended to be used in the layering technique for the restoration of the teeth [6]. The incremental placement of the materials requires longer times in restoration and entails certain risks such as air inflow and contamination between the layers [7]. Furthermore, application of the conventional resins into the deep cavities is more difficult due to the limited depth of cure [8].

In recent years, in order to provide composites that are applicable to the cavity in larger masses and as thicker layers, "bulkfill" composites have been introduced. As the new-generation bulk-fill composites allow for higher degrees of polymerization than the conventional composites due to their advanced translucent structures, they could be placed into the cavity in larger masses (4-6 mm) [9,10]. In a study evaluating the clinical performance of bulk-fill composite usadas em camadas de 4 mm de espessura forneceram taxas de viabilidade celular acima do nível aceitável, exceto o compósito bulk fill contendo PRG (Beautifil Bulk Restorative), que foi citotóxico para fibroblastos de camundongos L929.

PALAVRAS-CHAVE

Compósito Bulk fill; Citotoxicidade; Células L929; Teste LDH.

resins in the restoration of cavities in the posterior teeth, it was stated that there was no difference between conventional and bulk-fill composites [11].

Despite the increasing popularity of bulk-fill composite resins, there are concerns about the biocompatibility of these materials. These materials could release monomers in their structures depending on the physical and chemical conditions in oral environment [12]. It is stated in the literature that bisphenol-A glycidyl methacrylate (Bis-GMA), triethylene glycol dimethacrylate (TEGDMA) and urethane dimethacrylate [UDMA] the essential monomers included in the organic matrix of composite resins - create cytotoxic and mutagenic effects on cells [13]. Recently, a nanohybrid ormocer that includes both nanofillers and glass-ceramic fillers has been introduced by the composite industry. Several studies have shown that ormocers release fewer monomer particles and have less cytotoxic effects than the dymethacrylatebased conventional composites. Those studies have carried out the cytotoxicity tests in mouse fibroblasts [14,15].

The aim of this study is to provide a more detailed comparative perspective on the cytotoxicity of bulk-fill composite resins of different contents through an investigation on L929 mouse fibroblast cells using the MTT test in vitro according to ISO 10993-12:2012. The zero hypothesis of the study is that extracts from 4 mm samples of bulk-fill composites will not show cytotoxic effects on L929 mouse fibroblast cells.

MATERIAL AND METHODS

Preparation of the Samples

In the study, GrandioSO x-tra (Voco, Cuxhaven, Germany), Tetric N Ceram Bulk-Fill (Ivoclar Vivadent, Lihtenştayn), Estelite Bulk-Fill flow (Tokuyama, Tokyo, Japan), Filtek Bulk-Fill Posterior Restorative (3M ESPE, USA), Admira Fusion x-tra (Voco, Cuxhaven, Germany), Beautifil Bulk Restorative (Shofu, Japan) and Filtek Z250 (3M ESPE, USA) composite materials were used (Table I). 8x4 mm samples of composites were prepared by using a glass mod in a sterile cabinet and placed in sterile tubes. The composites were polymerized for 20 s using a DTE LUX E (Germany, 1200 mW/cm², tip diameter 8 mm) led device.

Cylinder-shaped samples of composite having a 3 cm2/ml surface area, which is calculated according to ISO 10993-12: 2012 standards [16], were incubated in 2 ml serum-free Dulbecco's modified eagle medium (DMEM) (HyClone Laboratories, Inc., Logan, UT, USA) (control group in serum-free medium) for 24 and 72 h, at 37 oC, in an incubator with 5% CO2. The tubes were covered with pieces of aluminum foil to prevent the composite samples immersed into the serum-free DMEM medium from being exposed to light. The extracts of composite samples were filtered after 24 h and 72 h periods, diluted with DMEM medium (1:1 and 1:2) and cytotoxicity experiments were conducted.

Table I - Bulk fill resin composites and their components

Motorial	Туре	Composition		Filler	Lot
wateria		Matrix	Filler	(w/w)	Number
GrandioSO x-tra (Voco, Cuxhaven, Germany)	Bulk fill	Bis-GMA TCDDMA UDMA	Barium glass 0.4 µm Prepolymer 1-10 µm Ytterbium trifluori- de 100 nm	77.5-79	W93164
Tetric N Ceram Bulk Fill (Ivoclar Viva- dent, Lihtenştayn)	Bulk fill	Dimetha- crylate	Barium glass, ytter- bium trifluoride, mixed oxide, additives, catalysts, stabili- zers, and pigments	75-77	6643739
Estelite Bulk Fill flow (Tokuyama, Tokyo, Japan)	Bulk fill	Bis-GMA Bis-MPEPP TEGDMA UDMA	Supra-nano Spherical filler, Composite Filler (200 nm spherical SiO2-ZrO2)	70	W114
Filtek Bulk Fill Posterior Restora- tive (3M ESPE St. Paul, USA)	Bulk fill	audma UDMA DDDMA Edmab	ytterbium trifluori- de, ceramic/slica/ zirconia	76,5	100372
Admira Fusion x-tra (Voco, Cuxhaven, Germany)	Bulk fill	-	Inorganic fillers (Or- ganically modified ceramics)	84	1704051
Beautifil Bulk Restorative (Shofu, Japan)	Bulk fill	Bis-GMA UDMA Bis-MPEPP TEGDMA	S-PRG filler based on fluoroboroalumino- silicate glass	87	1815363
Filtek Z250 (3M ESPE St. Paul, USA)	Conven- tional (Mi- crohybrid)	Bis-GMA UDMA TEGDMA PEGDMA Bis-EMA	Silika filler 20 nm ve 4-11 nm zirkonyum	78.5	N717544

^{*}BisGMA: Bisfenol diglisidilmetakrilat, BisEMA: bisfenoletilmetakrilat, UDMA: üretan dimetakrilat, PEGDMA: polietilen glikol dimethacrylate, TEGDMA: trietilenglikol dimethacrylate; Bis-MEPP: 2,2-bis (4-methacryloxypolyethoxyphenyl) propane.

Cell Culture

The L929 fibroblast cell line stored at -196 °C was let thaw in a water bath at 37 °C and centrifuged. The cells were kept in DMEM, which is supplemented with 10% fetal bovine serum (PAA Laboratories, Linz, Austria), at 37 °C and 5% CO_2 in a humidified incubator. Once the cells reached the optimal density (1×105 cells/ml), the cell suspension was prepared according to the descriptions in ISO 10993-5: 2009 [17] by calculating the cell number of the desired density for a 96-well cell culture plate using DMEM medium including 10% FBS and 1% antibiotic.

Then the cell suspension was allocated into the 96-well cell culture plate $[100 \ \mu l/$ well] and incubated for 24 h in a 5% CO2 incubator. After the incubation, DMEM was removed and the media remaining of the two different dilutions, in which the composites were immersed, were similarly allocated into wells (100 μ l/well) and the materials were incubated for another 24 h in a 5% CO2 incubator. Finally, the MTT assay was performed.

Cytotoxicity Test

MTT ([3-[4,5-dimethylthiazol-2-yl] -2,5-diphentyltetrazolium bromide), Sigma, USA] was combined with PBS, homogenized and an MTT solution with a final concentration of 5 mg/ml became ready for the cell viability test. The secreted media in 96-well cell culture plate that were incubated for 24 h was removed after incubation, then 100 μ l/well DMEM medium and 13μ l/well MTT solution were filled in clusters and incubated at 37 °C in a dark environment for 4 h. After that, the MTT solution was removed from the medium by aspiration. 100 µl/well Ammonia-Dimethyl sulfoxide (5:100) mixture was poured into 96-well cell culture plate; and at the optical reader, the absorbance rates were read at 550 nm (BIO-TEK µQuant, BIO-TEK Instruments, Inc, USA) then, the results were compared with the control wells.

Lactate dehydrogenase (LDH) Leakage Assay

The lactate dehydrogenase assay (LDH) for cytotoxicity was performed on the extracts (1:1 ratio) of the bulk fill composite samples after 72 h according to the instructions given in the commercial kit. In brief, L929 cells were cultured in a 96-well plate at 1×104 cells/ well density and incubated in a humidified atmosphere (5% CO2) at 37 °C for 24 h. After removing the culture media, cells were exposed to extracts of the composite samples.

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After collecting the existing culture media, it was centrifuged at 600 g for 10 min. Then, 100 μ l of LDH reaction mix was added onto 10- μ l supernatant of sample and incubated for another 30 min at room temperature. Absorbance levels of the samples were read at 450 nm and 650 nm reference wavelength in microplate spectrophotometer (BIO-TEK μ Quant, BIO-TEK Instruments, Inc, USA). All experiments were triplicated. Cytotoxicity percent was calculated as: (absorbance of sample – absorbance of control sample) / (absorbance of high control sample – absorbance of control sample) × 100.

Statistical Analysis

Statistical analysis of the data was performed using the SPSS 22.0 program (SPSS Inc., Chicago, IL, USA). Cell viability rates belonging to the 1:1 and 1:2 diluted extracts of the composite samples obtained at the end of 24 h and 72 h periods were compared by using one-way analysis of variance (ANOVA) and Tukey multiple comparison tests (p<0.05).

RESULTS

Bulk fill composite resins tested, only Filtek Bulk Fill Posterior and Beautifil Bulk Restorative extracts (1:1) at the end of 24 h showed significant differences in cell viability compared to the control group (p < 0.05). The cell viability values of the extracts (1:2) of these composite resins (except Beautifil Bulk Restorative) did not differ significantly compared to the control group (p > 0.05), (Table II).

At the end of 24 h, the fluid bulk-fill composite extract showed the highest cell viability among the composite sample extracts, while the pre-reacted glass-ionomer (PRG) containing bulk-fill composite (Beautifil Bulk Restorative) provided the lowest rate. Although the organically modified ceramic-

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based (ormocer) bulk-fill composite (Admira Fusion x-tra) exhibited a higher rate of cell viability than PRG-based composite and Filtek Bulk Fill Posterior composite, it did not show a statistically significant difference compared to the other bulk-fill composites.

At the end of 72 h, both 1:1 and 1:2 extracts of the samples showed significant results in terms of cell viability, in comparison the control group (p < 0.05), except to for Estelite Bulk Fill Flow. Beautifil Bulk Restorative composite exhibited the lowest rate of cell viability (p < 0.05), (Table III). When the extracts of bulk-fill composites at the end of 24 and 72 were diluted by 1:2 the cell viability increased (Table II and III). At the end of 72 h, Beautifil Bulk Restorative and conventional composite (Filtek Z250) remained below the ISO cell viability standard (70%) at 1:1 (Table III and Figure 1) and 1:2 dilution (Table III).



Figure 1 - Cytotoxicity (MTT test) results of the extracts (1:1) of composites in L929 cells after 24 and 72 h incubation. The results (mean) of three independent experiments are shown as % of the untreated control.

When the LDH test results of the extracts of composites (1:1 ratio after 72 h) are examined; The increase in the LDH activity of the Beautifil Bulk Restorative and conventional composite (Filtek Z250) groups was statistically significant compared to the

control group (p < 0.05). The use of Beautifil Bulk Restorative composite induced 45.9% cell death in L929 cells according to LDH release assay which indicated the breakdown (necrosis) of the cell membrane (Figure 2).

Table II - Cell viability percentage of the extracts of thecomposites at the end of 24 h according to MTT test

Motorial	Cell absorb	ance value	Cell Viability (%)	
Wateria	(1:1)	(1:2)	(1:1)	(1:2)
GrandioSO x-tra	1.03±0.05a	1.04±0.06a	92.8	93.6
Tetric N-Ceram Bulk Fill	1.02±0.16a	1.18±0.16a	91.9	107.3
Estelite Bulk Fill Flow	1.12±0.13a	1.21±0.29a	100.9	109.0
Filtek Bulk Fill Posterior	0.80±0.09b	0.97±0.11a	72.1	87.4
Admira Fusion x-tra	1.09±0.04a	1.12±0.08a	92.2	100.9
Beautifil Bulk Restorative	0.14±0.02c	0.52±0.07b	12.6	46.8
Filtek Z250	0.88±0.09b	1.02±0.13a	79.3	91.9
Control	1.11±0.03a	1.10±0.06a	100	100

 * Different letters indicate statistical difference between the groups. p<0.05.

 Table III - Cell viability percentage of the extracts of the composites at the end of 72 h according to MTT test

Motorial	Cell absorb	ance value	Cell Viability (%)	
Material	(1:1)	(1:2)	(1:1)	(1:2)
GrandioSO x-tra	1.16±0.09a	1.17±0.12a	72.1	78.0
Tetric N-Ceram Bulk Fill	1.26±0.13a	1.22±0.08a	78.3	81.3
Estelite Bulk Fill Flow	1.50±0.17bc	1.52±0.12b	93.1	101.3
Filtek Bulk Fill Posterior	1.19±0.08a	1.25±0.14a	73.9	83.3
Admira Fusion x-tra	1.32±0.10ab	1.12±0.14a	81.2	74.6
Beautifil Bulk Restorative	0.18±0.01e	0.43±0.10d	11.2	28.7
Filtek Z250	0.71±0.18d	0.91±0.16c	44.1	60.7
Control	1.61±0.13c	1.50±0.19b	100	100

 * Different letters indicate statistical difference between the groups. p<0.05.

DISCUSSION

Bulk-fill composite resins are commonly preferred by dentists for the restoration of

teeth as they could be applied in thick layers. However, due to the failure of led light to reach a sufficient depth during the polymerization materials, the insufficiently of these polymerized monomer particles may remain free in their structure. It has been reported that the biocompatibility of composite resins is correlated with the amount and structure of the organic substances released [18] and monomers released from the resin matrix because of the insufficient polymerization may produce cytotoxic results over time [19,20]. In our in vitro study, we tried to examine the cytotoxic effects occurring on L929 mouse fibroblast cells depending on the use of bulk-fill resins of different contents in 4 mm thickness.

ISO 10993-12: 2012 proposed several cell culture testing models to evaluate the cytotoxicity of dental materials [16]. These are direct contact (direct method), indirect contact with a barrier (indirect method), and the extract method in which the extracts from biomaterials are added onto the cells. In the ISO 10993-5: 2009 standard, it was stated that the tested materials may have toxic potential if the cell vitality is below 70% after MTT test [17]. Lim et al. [21] compared those in vitro test models use to evaluate the cytotoxicity of composite resins and suggested the extract test due to its higher sensitivity if a single test model is planned to be used in the studies.

L929 mouse fibroblast cell lines are the most widely used cells to evaluate the in vitro cytotoxicity of dental materials [22,23]. Among the major advantages of mouse fibroblast cell lines it is stated that they are practical to use, contain one single type of cell and provide more accurate cytotoxic responses [23]. Therefore, in our study L929 mouse fibroblast cell line was preferred.

It is stated that the extent to which the polymerization of the restorative composite

resins is accomplished, has an impact on the toxicity [24], and the oxygen inhibition layer formed on the surface of the composites after polymerization increases the monomer release [25]. In their study evaluating the cytotoxicity of the composites, Couchman et al. [26] suggested that the curing time decreased cytotoxicity by increasing the degree of polymerization. In the literature, it is also reported that there is no correlation between the oxygen inhibition layer formed during the polymerization of the samples by covering them with a glass and the amount of monomer release [27]. In our study, composite materials were covered with 1 mm glass coverslip and polymerized for 20 seconds with high intensity (DTE LUX E, Germany, 1200 mW/cm²) led light device.

In a study on the toxicity of bulk-fill composites carried out on mouse fibroblast cells, Toh et al. [28] reported that extracts obtained from 4 mm samples showed more cytotoxicity than 2 mm samples. In a similar study on the toxicity of fluid and paste bulkfill composite resins conducted on L929 mouse fibroblasts by Demirel et al. [29] it was reported that at the end of 72 h composite extracts caused a statistically significant decrease in cell viability level, which is in line with the former. In a study on human pulp cells, by examining the toxic effect of bulkfill composite samples in terms of whether it change at the layers of different polymerization depths [0-2, 2-4 and 4-6 mm] Lee et al. [30] stated that as the irradiation depth increased the more toxicity occurred, and the highest cytotoxicity was observed in the layer of 4-6 mm depth. However, Nascimento et al. [31] reported that bulk-fill resins exhibited low level and/or no cytotoxicity on L929 cells, except for Opus, which showed more moderate cytotoxicity, as pointed out in the MTT assay index.

In our study, at the end of 72 h, the cell

viability rate of the Estelite Bulk Fill Flow composite used as 4 mm layers did not cause a statistically significant difference compared to the control group. However, ormocer-based (Admira Fusion x-tra), PRG-containing bulkfill composite (Beautifil Bulk Restorative) and the other bulk-fill composites (GrandioSO x-tra, Tetric N-Ceram Bulk Fill, Filtek Bulk Fill Posterior) caused a significant reduction in the cell viability. As the bulk-fill composites diminished the viability of L929 mouse fibroblast cells, the null hypothesis of the study was rejected.

Legraand et al. [32] the release of LDH culture medium as a result of damage to the cell membrane indicates cell death. Increased LDH activity is associated with an increase in dead cell numbers and a decrease in glucose consumption. In our study, Beautiful Bulk Restorative and conventional composite (Filtek Z250) showed more LDH activity than the control group with extracts in the ratio of 1:1 after 72 h. Our results were in accordance with Legrand.

Schubert et al. [33] found that Admira Fusion had significantly less cytotoxic effect on mouse L929 cells and human gingival fibroblasts than Filtek Supreme XTE and GrandioSO. The absence of certain classic resin monomers in Admira Fusion apparently allowed for lower cytotoxicity and better biocompatibility, compared to resinbased dental restoratives, which is of great importance for the clinical practice. In our study, bulk-fill composite (Admira Fusion x-tra) containing ormocer caused a significant decrease in cell viability at the end of 72 h compared to the control group, even if it did not at the end of 24 h.

It is stated that both the resin content of the composites and the degree of monomer conversion play a determining role in cytotoxicity levels [34]. Although bulk-fill composites have many advantages, there could remain some unpolymerized monomers at a depth of 4 mm. Those monomers, Bis-GMA, TEGDMA and UDMA, released from the structure of composites have been proven to be cytotoxic in many studies [35,36]. The toxicity grading of these monomers has been reported to be as Bis-GMA> UDMA> TEGDMA [36]. In our study, Estelite Bulk Fill Flow, which has similar monomers (Bis-GMA, Bis-MPEPP, TEGDMA, UDMA), showed the highest cell viability, while Beautifil Bulk Restorative showed the lowest one.

In this study, Beautifil Bulk Restorative was observed to cause a significant reduction in cell viability in both 24 and 72 h of experimentation periods. This product contains PRG filler in its resin matrix, unlike the other tested bulk-composites. The fluoro-aluminosilicate glass is pre-reacted with polyacid by forming a glass-ionomer matrix structure and blended with resin. Resin-based restorative materials containing PRG filler have been reported to provide higher fluoride release than compomers due to their glass ionomer hydrogel matrices [37]. In line with the results of this study, in a previous study, Toh et al. [28] found that Beautifil Bulk Restorative was to be more cytotoxic than all other tested bulk-fill composites. They suggested that the cytotoxic effects of Beautifil Bulk Restorative might be caused by the release of fluoride and other ions, such as PRG fillers including aluminum, boron, sodium, silicon, strontium, and zinc.

In the previous literature on the toxic effects of conventional composites on L929 mouse fibroblasts, it was stated that the decrease in cell viability after the first 24 h was not significant, while it was observed to reach more significant levels after 72 h [33,38]. The data obtained in our study shows that composites keep releasing cytotoxic materials after the first 24 h following polymerization. Furthermore, the reduction in cell viability turned out to be higher in the 72 h extracts.

The findings of this in vitro study, which aimed to examine the cytotoxic effects of bulk-fill composites, are limited to the data collected on a single type of cell line and a two types of cytotoxicity test applied. Then, our study provides only a general and elementarylevel evaluation about the cytotoxicity of bulkfill composites. The tests models applied onto different cell lines or cells that are sourced from humans' oral environment could give different responses in terms of cytotoxicity.

CONCLUSION

At the end of 72 h, the majority of bulkfill composites decreased the cell viability but they did not cause unacceptable cytotoxic effects to L929 mouse fibroblasts, except PRGcontaining bulk fill composite (Beautifil Bulk Restorative), which was cytotoxic.

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Conflict of interest

The authors have no proprietary, financial, or other personal interest of any nature or kind in any product, service, and/or company that is presented in this article.

Regulatory Statement

This study was conducted in accordance with all the provisions of the local human subjects oversight committee guidelines and policies of: World Medical Association Declaration of Helsinki.

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